SWIMMING PROGRAM - NATATION FISEC

DAY	Tuesday, 11 July - Morning			We	dnesday, July 12 - A	III day			Th	ursday, July 13 - Al	l day			Fri	iday, July 14 - Morn	ing		
				Ec	hauffement : 9h à 9	h45			Ec	hauffement : 9h à 9	h45			Ech	nauffement : 9h à 9	h45		
					Début de la compétition à 10h00					Début de la compétition à 10h00				Début de la compétition à 10h00				
													TEAM COMPETITION					
			Concours	Distance	Style	G/B	Séries / Finales	Concours	Distance	Style	G/B	Séries / Finales	Concours	Distance	Style	G/B	Séries / Finales	
	TRAINING SESSION 9h-12h	10h - 12h	1	50m	freestyle	Girls	series	25	50m	backstroke	Girls	series	53	100m	butterfly	Girls	finals	
			2	50m	freestyle	Boys	series	26	50m	backstroke	Boys	series	54	100m	butterfly	Boys	finals	
			3	50m	breastroke	Girls	series	27	50m	butterfly	Girls	series			10 min break			
PROGRAM			4	50m	breastroke	Boys	series	28	50m	butterfly	Boys	series			backstroke	Girls	finals	
			5	100m	butterfly	Girls	series	29	100m	freestyle	Girls	series	56	100m	backstroke	Boys	finals	
			6	100m	butterfly	Boys	series	30	100m	freestyle	Boys	series		1400	10 min break	10: 1	10 .	
			7	100m	backstroke	Girls	series	31	100m	breaststroke	Girls	series	57	100m	breastroke	Girls	finals	
			8	100m	backstroke	Boys	series	32	100m	breaststroke	Boys	series	58	100m	breastroke	Boys	finals	
			10 min break				10 minutes break				10 min break							
			9	200m	freestyle	Girls	finals	33	200m	medley	Girls	finals	59	100m	freestyle	Girls	finals	
			10	200m	freestyle	Boys	finals	34	200m	medley	Boys	finals	60	100m	freestyle	Boys	finals	
			11	400m 400m	medley	Girls Boys	finals	35 36	400m 400m	freestyle freestyle	Girls Boys	finals finals	61	4x50	10 min break freestyle	Girls	lfinals	
			12	400111	medley	БОУЅ	finals	37	4x100 MIXED	freestyle	2G + 2B	finals	7	4x50	freestyle	Boys	finals	
								31	4X100 MIXED	lifeestyle	2G + 2B	IIIIais	02		,	, ,	IIIIais	
			1		21.1.1.1			21					award ceremony					
	Break Lunch			2h break lunch					2h min break Lunch					Afterwards Lunchs				
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			Concours	D:-+	Carolin	C/D	Séries /											
				Distance	Style	G/B		Concours	Distance	Style	G/B	Séries /						
1					•		Finales			•		Finales						
			13	200m	breastroke	Girls	Finales finals	39	200m	butterfly	Girls	Finales finals						
					breastroke breastroke	Girls Boys	Finales	39 40	200m 200m	butterfly butterfly	Girls Boys	Finales finals finals	<u> </u>					
			13 14	200m 200m	breastroke breastroke award ceremony	Girls Boys	finals finals	39 40 41	200m 200m 200m	butterfly butterfly backstroke	Girls Boys Girls	finals finals finals	<u> </u> - -					
			13 14 15	200m 200m	breastroke breastroke award ceremony butterfly	Girls Boys Girls	finals finals finals	39 40	200m 200m	butterfly butterfly backstroke backstroke	Girls Boys Girls Boys	Finales finals finals						
			13 14 15 16	200m 200m 100m 100m	breastroke breastroke award ceremony butterfly butterfly	Girls Boys Girls Boys	Finales finals finals finals	39 40 41 42	200m 200m 200m 200m	butterfly butterfly backstroke backstroke award ceremony	Girls Boys Girls Boys	finales finals finals finals finals						
			13 14 15 16 17	200m 200m 100m 100m 100m	breastroke breastroke award ceremony butterfly butterfly backstroke	Girls Boys Girls Boys Girls Girls	finals finals finals finals finals finals	39 40 41 42 43	200m 200m 200m 200m	butterfly butterfly backstroke backstroke award ceremony freestyle	Girls Boys Girls Boys	Finales finals finals finals finals finals						
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		14h-17h	13 14 15 16 17 18 19 20 21	200m 200m 100m 100m 100m 100m 50m 50m	breastroke breastroke award ceremony butterfly butterfly backstroke backstroke freestyle freestyle breastroke	Girls Boys Girls Boys Girls Boys Girls Boys Girls Girls Girls Girls	finales finals	39 40 41 42 43 44 45 46 47	200m 200m 200m 200m 200m 100m 100m 100m	butterfly butterfly backstroke backstroke award ceremony freestyle freestyle breaststroke breaststroke butterfly	Girls Boys Girls Boys Girls Boys Girls Girls Girls Girls	Finales finals						
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