

SWIMMING PROGRAM - NATATION FISEC

DAY	Tuesday, 11 July - Morning	Wednesday, July 12 - All day	Thursday, July 13 - All day	Friday, July 14 - Morning													
PROGRAM			Echauffement : 9h à 9h45 Début de la compétition à 10h00	Echauffement : 9h à 9h45 Début de la compétition à 10h00	Echauffement : 9h à 9h45 Début de la compétition à 10h00												
			TEAM COMPETITION														
			Concours	Distance	Style	G/B	Séries / Finales	Concours	Distance	Style	G/B	Séries / Finales	Concours	Distance	Style	G/B	Séries / Finales
	TRAINING SESSION 9h - 12h	10h - 12h	1	50m	freestyle	Girls	series	25	50m	backstroke	Girls	series	53	100m	butterfly	Girls	finals
			2	50m	freestyle	Boys	series	26	50m	backstroke	Boys	series	54	100m	butterfly	Boys	finals
			3	50m	breastroke	Girls	series	27	50m	butterfly	Girls	series	10 min break				
			4	50m	breastroke	Boys	series	28	50m	butterfly	Boys	series	55	100m	backstroke	Girls	finals
			5	100m	butterfly	Girls	series	29	100m	freestyle	Girls	series	56	100m	backstroke	Boys	finals
			6	100m	butterfly	Boys	series	30	100m	freestyle	Boys	series	10 min break				
			7	100m	backstroke	Girls	series	31	100m	breaststroke	Girls	series	57	100m	breastroke	Girls	finals
			8	100m	backstroke	Boys	series	32	100m	breaststroke	Boys	series	58	100m	breastroke	Boys	finals
			10 min break					10 minutes break					10 min break				
			9	200m	freestyle	Girls	finals	33	200m	medley	Girls	finals	59	100m	freestyle	Girls	finals
			10	200m	freestyle	Boys	finals	34	200m	medley	Boys	finals	60	100m	freestyle	Boys	finals
			11	400m	medley	Girls	finals	35	400m	freestyle	Girls	finals	10 min break				
			12	400m	medley	Boys	finals	36	400m	freestyle	Boys	finals	61	4x50	freestyle	Girls	finals
							37	4x100 MIXED	freestyle	2G + 2B	finals	62	4x50	freestyle	Boys	finals	
Break Lunch					2h break lunch				2h min break Lunch				award ceremony				
												Afterwards Lunchs					