

SWIMMING PROGRAM - NATATION FISEC

DAY	Tuesday, 11 July - Morning	Wednesday, July 12 - All day	Thursday, July 13 - All day	Friday, July 14 - Morning														
		Echauffement : 9h à 9h45 Début de la compétition à 10h00	Echauffement : 9h à 9h45 Début de la compétition à 10h00	Echauffement : 9h à 9h45 Début de la compétition à 10h00														
		TEAM COMPETITION																
PROGRAM	TRAINING SESSION 9h - 12h	10h - 12h	Concours	Distance	Style	G/B	Séries / Finales	Concours	Distance	Style	G/B	Séries / Finales	Concours	Distance	Style	G/B	Séries / Finales	
			1	50m	freestyle	Girls	series	25	50m	backstroke	Girls	series	53	100m	butterfly	Girls	finals	
			2	50m	freestyle	Boys	series	26	50m	backstroke	Boys	series	54	100m	butterfly	Boys	finals	
			3	50m	breastroke	Girls	series	27	50m	butterfly	Girls	series	10 min break					
			4	50m	breastroke	Boys	series	28	50m	butterfly	Boys	series	55	100m	backstroke	Girls	finals	
			5	100m	butterfly	Girls	series	29	100m	freestyle	Girls	series	56	100m	backstroke	Boys	finals	
			6	100m	butterfly	Boys	series	30	100m	freestyle	Boys	series	10 min break					
			7	100m	backstroke	Girls	series	31	100m	breaststroke	Girls	series	57	100m	breastroke	Girls	finals	
			8	100m	backstroke	Boys	series	32	100m	breaststroke	Boys	series	58	100m	breastroke	Boys	finals	
			10 min break			10 minutes break			10 min break									
			9	200m	freestyle	Girls	finals	33	200m	medley	Girls	finals	59	100m	freestyle	Girls	finals	
			10	200m	freestyle	Boys	finals	34	200m	medley	Boys	finals	60	100m	freestyle	Boys	finals	
11	400m	medley	Girls	finals	35	400m	freestyle	Girls	finals	10 min break								
12	400m	medley	Boys	finals	36	400m	freestyle	Boys	finals	61	4x50	freestyle	Girls	finals				
						37	4x50	Mixed relay	2G + 2B	finals	62	4x50	freestyle	Boys	finals			
	Break Lunch		2h break lunch		2h min break Lunch		award ceremony											
									Afterwards Lunchs									
PROGRAM		14h - 17h	Concours	Distance	Style	G/B	Séries / Finales	Concours	Distance	Style	G/B	Séries / Finales						
			13	200m	breastroke	Girls	finals	39	200m	butterfly	Girls	finals						
			14	200m	breastroke	Boys	finals	40	200m	butterfly	Boys	finals						
			award ceremony						41	200m	backstroke	Girls	finals					
			15	100m	butterfly	Girls	finals	42	200m	backstroke	Boys	finals						
			16	100m	butterfly	Boys	finals	award ceremony										
			17	100m	backstroke	Girls	finals	43	100m	freestyle		finals						
			18	100m	backstroke	Boys	finals	44	100m	freestyle		finals						
			19	50m	freestyle	Girls	finals	45	100m	breaststroke	Girls	finals						
			20	50m	freestyle	Boys	finals	46	100m	breaststroke	Boys	finals						
			21	50m	breastroke	Girls	finals	47	50m	butterfly	Girls	finals						
			22	50m	breastroke	Boys	finals	48	50m	butterfly	Boys	finals						
award ceremony						49	50m	backstroke	Girls	finals								
23	4x100m	freestyle	Girls	finals	50	50m	backstroke	Boys	finals									
24	4x100m	freestyle	Boys	finals	award ceremony													
award ceremony						51	4x100m	medley	Girls	finals								
award ceremony						52	4x100m	medley	Boys	finals								
award ceremony						award ceremony 27												