

106 participants
53 F
53 G

	ATHLETICS	ATHLETICS	ATHLETICS	ATHLETICS	ATHLETICS
DAY	Tuesday, 11 July	Wednesday, July 12 - Afternoon	thursday, July 13 - Afternoon	Friday, July 14	Saturday, July 15th - Morning

PROGRAM	Training	Time	Running	Technical Girls	Technical Boys	Time	Running	Technical Girls	Technical Boys	OFF	Time	Running	Technical Girls	Technical Boys
	9H 12H	14H	100m B heats	shotput		14H						9H	3000 M B finals	
	14H15	100m G heats			14H15				DISCUS	9H30	100M hurdles heats		DISK	
	14H30	800 m G heats		longjump	14H30	400m G heats				9H45	110m hurdles Heats			Highjump
	14H45	800 m B heats			14H45	400m B heats				10H	200m G finals			
						10H				10H15	200m B finals			
	15H15	400m hurdles finals		javelin	15H15	100M B finals				10H30	1500M G finals			
	15H30	400m hurdles finals			15H30	100M G finals				10H45	100m Hurdles finals	longjump	Shotput	
	15H45		highjump		15H45	800m G finals	Javelin			11H	110m hurdles finals			
	16H	200 m B heats			16H	800m B finals				11H15	400M G finals			
	16H20	200m G heats								11H30	400M B finals			
	16H45	4X100M B heats			16H30	4x100m B finals				12h30	Medley relay			
	17H05	4X100M G heats			16H45	4x100m G finals								